

Organization	Services Provided	Phone Number
<b>GENERAL ASSISTANCE</b>		
Central Oregon Council on Aging	Support service, health, transportation, nutrition services, advocacy and information	541-678-5483
Family Access Network	Referrals food, shelter, clothing, health resources, wellness clinic, school supplies	541-693-5675
La Pine Community Kitchen	Clothing, hygiene products, camping supplies to individuals and families in need	541-536-1312
Neighbor Impact	Info. & referral, rental assistance, eviction prevention, utilities-water	541-548-2380
Safenet	Info on food, health, financial assistance programs, OHP Dentists	1-800-723-3638
South County Services Center	mental health, substance use treatment and integrated health services	541-322-7500
Thrive	Assists in applying for housing, health insurance, food stamps, medical/dental	541-728-1022

#### **ADDICTION RECOVERY**

Choices Recovery	Alcohol Abuse Recovery	541-504-7535
Teen & Adult Challenge	Substance Abuse Recovery	541-678-5272
Alcoholics Anonymous	24 hour hotline	541-548-0440

#### **CHILDREN & FAMILY:**

Deschutes County Health Services	WIC, birth control, pregnancy tests, family planning, STD's	541-322-7500
Nancy's House	Pregnant women 36+ weeks	541-385-0301
Neighbor Impact	Free Preschool, Head Start, Early HS	541-323-6543
Pregnancy Resource Center	Maternity & Baby clothing, baby supplies	541-385-5334

#### **DOMESTIC VIOLENCE:**

Saving Grace, 24/7 Help Line	Assists victims of abuse and rape	541-389-7021
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#### **FOOD:**

La Pine Community Free Food Pantry	Free Food Pantry	541-536-6135
La Pine Community Kitchen	Free Meals	541-536-1312
La Pine Senior Center	Hot meals	541-536-6237
Self Sufficiency Program, La Pine	AFS or Food Stamps	541-536-5380
St. Vincent de Paul	Food pantry, medical/utilities assistance, clothes, contact 10-3 Mon-Thurs	541-536-1956
The Door at La Pine	Free Food Market 4th Friday at noon	541-550-3088
WIC	Food and nutrition program for pregnant/breastfeeding women, infants and children	541-322-7400

#### **LATINO COMMUNITY**

Latino Community Association	Medical services and legal resources	541-382-4366
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#### **LEGAL SERVICES**

Legal Aid Services of Oregon	legal services	541-385-6950
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#### **LAW ENFORCEMENT**

Deschutes County Sheriif	For emergencies call 911	541-536-1758
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**MEDICAL/DENTAL**

COCC Dental Screenings	18 years and older - call DC Health services to add name to list	541-330-4368
Deschutes County Health	Mental health, substance use treatment and integrated health services	541-322-7500
La Pine Community Health Center	Medical care regardless of income or insurance status	541-536-3435
Oregon Health Plan	To apply for low-income health insurance	800-699-9075
24 Hour Crisis Health Line	For medical or mental health crisis	800-875-7364

**SENIOR CARE**

Heart n' Home	Grief & Loss Support, Medical Social Services	541-536-7399
Prairie House	Independent and memory care living	541-536-8559
La Pine Senior Center	Meals, events, a place to socialize	541-536-6237
Evergreen in Home Care Services	Specialized in home care for seniors	541-389-0006
Partners in Care	Adult/child grief support, hospice, Hos-pet	541-382-5882
At Home Care Group	Personal care, post-surgical, respite, PT	800-973-1841

**SHELTER/HOUSING**

Bethlehem Inn	Homeless shelter	541-322-8768
Cascade Youth and Family Center	Emergency short term shelter for homeless and runaway youth ages 11-17	541-382-0934
Grandma's House	Shelter to homeless or abused pregnant teens ages 12-19	541-383-3515
House of Hope	Fee based shared housing for men, women and women with children	541-390-1594
Housing Works	HUD / subsidized housing, long-term	541-923-1018
Nancy's House	Families with children	541-385-0301
Neighbor Impact	Info. & referral, rental assistance, eviction prevention, utilities-water	541-536-8511
Shepherds'House	Homeless shelter	541-388-2096
St. Vincent de Paul	Food pantry, medical/utilities assistance, clothes, contact 10-3 Mon-Thurs	541-536-1956
The Door at La Pine (church)	Overnight warming shelter and meal when below 10 degrees outside	541-550-3088

**TRANSPORTATION**

CET (Cascade East Transit)	Public transportation from La Pine to Sunriver, Bend, Redmond	541-385-8680
CAN Cancer	St. Charles Cancer Treatment Center	541-706-5864
Cascade Medical Transport (CMT)	Emergent / Non-Emergent Medical Transport	541-408-2855
Commute Options	Match up carpools/vanpools	541-668-6138
LPCHC Outreach Services	Transportation options for patients	54-536-3435

**VETERANS SERVICES**

Deschutes County VSO	Assistance for veterans	541-385-3214
Band of Brothers La Pine Chapter	Assistance and connection for veterans	thehoffmans@yahoo.com
Central Oregon Veterans Outreach	Assistance for veterans	541-383-2793
Bend Veterans Center	Assistance for veterans	541-749-2112
Central Oregon Veterans Ranch	Safe ranch setting for helping veterans	541-706-9062

**ANIMALS / PETS**

HOPE Food Bank	free pet food	541-382-3537
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**CAR SEAT CLINICS**

Bend Fire District	Certified & free car seat clinics	541-322-6300
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